



Securing your place

All applicants applying for a guaranteed place in this event should complete and return this form ensuring they have signed the pledge to raise at least £100 minimum sponsorship.

About You

Full NameMale/Female?

Address

.....Post Code.....

Telephone Number, Daytime.....Mobile.....

D. O. B. Email:

Emergency Contact Name.....Relationship.....

Emergency Contact Telephone Number.....

Do you have a disability? Y/N If yes please give details.....

**Please note: We will be keeping in contact with the teams via email, text or telephone, so please provide contact details.*

Your running vest

We offer all our runners a free running vest in preparation for your big day. Please tick in the box below the size you require.

Mens/Ladies	Small	medium	large	xlarge

Terms and conditions

Before registering, please read the following carefully and sign below:

- To secure your free place you will be required to provide a volunteer to Marshal on race day. We try to have our marshals near the location of our cheer point and they will be able to get a good view of the action!
- All Marshals will be fully briefed prior to race day.
- You are asked to raise a minimum of £100 in sponsorship. (this **does** include you deposit of £20) to be paid into your justgiving page.
- You will be sent a link to the team page to set up your individual page.
- Should you choose to withdraw, you may return all your sponsor forms and forward monies raised (provided your sponsors agree to this) to The Rosie May Foundation. Your commitment fee of £20 will not be refunded.
- You must be a minimum of 15 years old on race day.
- Of monies raised, £20 is used to cover the cost of your guaranteed entry.
- You participate at your own risk and take full responsibility for your actions prior to, during and after the ASDA Nottingham 10K Run.
- Please note Gift Aid does not count towards your sponsorship total.
- Photographs and video footage will be taken at this event and may be used for publicity purposes.

Volunteer's Details

Full NameMale/Female?
Address.....
.....Post Code.....
Telephone Number, Daytime.....Mobile:.....
D. O. B. Email:
Emergency Contact Name.....Relationship.....
Emergency Contact Telephone Number.....T shirt size? S/M/L/XL please indicate.
Do you have a disability? Y/N If Yes please give details.....
**Please note: The Run for AI will be keeping in contact with the volunteers via email, text or telephone, so please provide contact details.*

Your story could really help to illustrate to others what our charity is about and the work that we do. Would you be happy for us to contact you again about potentially using your story in the media, on our website or for marketing purposes? Yes No

Declaration

I apply to take part in the ASDA Nottingham 10K run on behalf of The Rosie May Foundation and have read and understood the conditions of entry. I pledge to raise a minimum sponsorship of £100 and understand the terms and conditions of raising this money.

I believe that I am fit enough to complete the run and take full responsibility for myself. I am responsible for my actions and in-actions. The Rosie May Foundation cannot be held responsible for loss or damage to personal effects, injury or death. I accept all the conditions of the entry.

Name (BLOCK CAPITALS):-----

Signature: ----- Date:-----

When you have completed all the sections on this form, please return to:

The Rosie May Foundation

18, Market Place,
Bingham,
Nottinghamshire
NG13 8AP

Or email your completed form to jane@roseimay.com

Data Protection Act

The Rosie May Foundation would like to hold your details in order to contact you about fundraising and future events. If you do not wish to receive such information by any of the methods listed below please indicate by ticking the corresponding box.

Email:

Telephone:

Letter:



